POST 641 NEWSLETTER
MAY 2024

LET'S REMEMBER

FOR THE WIFE WHO LOST HER HUSBAND
FOR THE HUSBAND WHO LOST HIS WIFE

LET'S REMEMBER

FOR THE PARENT WHO LOST A CHILD

LET'S REMEMBER

FOR THE CHILD WHO LOST A PARENT

LET'S REMEMBER

TO PRAY. TO BE GRATEFUL.
TO NEVER TAKE OUR FREEDOM FOR GRANTED.
THANK YOU TO ALL WHO HAVE BEEN CALLED TO SERVE.
AND TO THOSE WHO HAVE GIVEN THEIR LIVES...

WE WILL REMEMBER

May Meetings

POST

May 28, 7 pm

COUNTY

May 21, 7 pm
Ambridge Post 341

WOMEN VETERANS

TBD

SAL

May 14, 6:30 pm

AUXILIARY

May 14, 7 pm

HOME ASSOCIATION

May 13, 7:30 pm

VVA

May 15, 1 pm

IMPORTANT MILITARY DATES IN May

May 8, 1945 VE Day

May 12 Military Spouse Appreciation Day

May 18 Armed Forces Day

May 24 National Poppy Day

May 27 Memorial Day

Service Officer Information

If you need help

The PSO should have various resources in the local area, that could be beneficial to veterans and their dependents. Resources can include Department of Veteran Affairs contact information, including phone numbers and website addresses, county/local representatives with American Legion accreditation and senior agencies. Information for various benefits including health and dis-ability and so much more.

Your Service Officers are:
Larry McGown and Randy Gleason
Hours: Wednesdays, from 1 pm to 4 pm
Location: Bar area (by the flag placque

FROM OUR POST CHAPLAIN...

Kurt Larson has been a participant in the Wreaths Across America and would like to be sure that any legion member interred at the Cemetery of the Alleghenies receives one of these wreaths yearly.

If anyone knows of any veteran buried there, could they please get that veteran's name and any information to him: **You can email him at Kurt Larson,, kipawakurt@gmail.com.**

EMAIL AND WEBSITES

www.badenpost641.org District 26 FB https://www.facebook.com/PALegionDistrict26
Women Vets of Beaver County https://www.facebook.com/SisterhoodVets
Email: legionbaden@comcast.net
AMERICAN LEGION website: mylegion.org
AMERICAN LEGION AUXILIARY FB PAGE: https://www.facebook.com/Baden641auxiliary

MEMORIAL DAY
MAY 27, 2024

MEMORIAL DAY—A DAY OF REMEMBRANCE

Since 1968, Memorial Day has been celebrated on the last Monday in May, as established by Congress so as to give federal workers a 3-day holiday. Prior to that Congressional Act, Memorial Day was always celebrated on May 30, as determined by General John A. Logan, leader of a group for National Civil War veterans.

A HISORY OF MEMORIAL DAY

Officially, Memorial Day is only 53 years old. President Lyndon B. Johnson signed the law, making the last Monday of May an official holiday, Memorial Day. However, the actual roots of Memorial Day can be traced back to the post-Civil War. As I was reading through various websites, I landed on an article from the National Archives, written by John P. Blair, with the National Archives History Office.

General John A. Logan, with the Union Army, has generally been credited with the origin of Memorial Day. “General Logan became the first Commander-in-Chief of the Grand Army of the Republic (GAR), a Union veterans group formed to perpetuate the memory of those who sacrificed their lives in defense of the republic and to preserve and strengthen the bonds formed during the war between its survivors.

On May 5, 1868, Logan issued “General Orders No. 11” to the members of the GAR. In it, he designates May 30, 1868, as the day for the “strewing with flowers or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion and whose bodies now lie in almost every city, village and hamlet churchyard in the land.” Logan also expressed his wish that the observance should “be kept up year to year, while a survivor of the war remains to honor the memory of his departed comrades.” (1)

While there are at least other individuals and groups who have received some recognition for the “idea” to memorialize the fallen Civil War soldiers, it was agreed that General Logan is the one credited for originating the notion of Memorial Day.

Prior to World War I, only those who died in the Civil War were honored and it wasn’t until after the U.S. lost tens of thousands in World War I that the country began honoring ALL those who died in battle beginning with those who died in the Civil War.

CONT'D FROM PAGE 3

WHERE WAS THE FIRST MEMORIAL DAY CELEBRATED?

This is also in dispute, although the town of Waterloo, New York has been officially designated as the "birthplace" of Memorial Day celebrations. "By the late 1860s, Americans in various towns and cities had begun holding springtime tributes to these countless fallen soldiers, decorating their graves with flowers and reciting prayers.

It is unclear where exactly this tradition originated; numerous different communities may have independently initiated the memorial gatherings. And some records show that one of the earliest Memorial Day commemorations was organized by a group of formerly enslaved people in Charleston, South Carolina less than a month after the Confederacy surrendered in 1865. Nevertheless, in 1966 the federal government declared Waterloo, New York, the official birthplace of Memorial Day."

Waterloo—which first celebrated the day on May 5, 1866—was chosen because it hosted an annual, community-wide event, during which businesses closed and residents decorated the graves of soldiers with flowers and flags. (2)

By the mid-20th century, it became commonplace for Presidents to issue Memorial Day Proclamations to honor those who have given their lives on the field of battle. Today, some people even honor all veterans who are no longer with us, whether that death took place during conflict or not.

As John Blair wrote in his article for the National Archives History Office, "As we recognize our freedom to attend our church of choice (or not to attend), to express our opinions or gather to discuss our beliefs and values, to be able to read the exchange of information openly in the press, to be able to defend ourselves and to understand that we have a system of justice, *it is important to acknowledge that those freedoms are ours because of the many men, women, and families who stepped forward to defend them, and in that service, sacrificed their lives for us. Memorial Day is for them, all of them. It is our duty to remember the gift they have given us."* (1)

(1) Excerpts from an article "The Nation's Sacrifice: The Origins And Evolution of Memorial Day", by Jessie Kratz, May 24, 2018, posted in "Civil War", and credited/written by John P. Blair with the National Archives History Office.

(2) From an article on the website HISTORY.COM, originally written by the HISTORY.COM EDITORS on October 26 2009, updated on May 24, 2024

STAND DOWN 2024

The recent stand down held at the Baden American Legion, on April 27th was hugely successful!. There were a total of 29 vendors present and while 73 visitors were signed in, many more came in without signing in, so a finale count may have been upwards of 80+.

Thank you to all who helped participate and make it such a positive event!!!

MEMORIAL DAY EVENTS

MEMORIAL DAY SCHEDULE

FRIDAY, MAY 24th

paint markers
place flags
plant flowers

Sign up sheet is at the white board inside the canteen. Times are not established yet.

MONDAY, MAY 27th MEMORIAL DAY

Meet at the Post at 0700 and go to 7 cemeberies and perform memorial services (we need honor guard, riflemen), then at 10:15 or so, we will march from Byerdale field on State street, stop at the post for a brief service, then proceed to the Library for a final presentation.

MEMORIAL DAY PROGRAM AMBRIDGE MIDDLE SCHOOL MAY 17th 0845

On May 17th, Alex Pompeo, a 7th grader at Ambridge Middle School, is hosting a Memorial Day Program at his school. Alex has been a member of the Sons of the American Legion for 5 years, through his great grandfather, who was a veteran of the U.S. Army. Alex is very active in the SAL and wanted to do something to educate and promote Memorial Day and the reasons behind it.

Alex is the driving force behind this program, Gerry States, Post Commander and Jeannie Murray, President of the Post Auxiliary will be speaking at the program. Gene Miketa will be representing the SAL and Nancy Hoffman will be speaking on behalf of Gold Star mothers.

It's open to our veterans and Alex would love to see as many post members there as we can get.

We often talk about the youth of America and how they aren't learning about American history, what we stand for, why don't they care. Well, this is a young man who is showing us that there are definitely young people out there who do care, who want to learn and want to spread that knowledge of American history and legacies to their friends and classmates.

Let's support him…be at the Ambridge Middle School by 0840 on May 17th, wear your post shirt if you have one, or your uniform if you want to. But people!! …Let's show the community our pride in ourselves and in what we do and what we are all about. Let's show the kids who we are!!

Alex would like to honor each veteran that is present, so ***if you are planning on attending, please notify his mother, Jennifer Miketa, at jlmiketa25@yahoo.com, or phone # 724-513-2826. Deadline is May 9th, because the school also needs to be aware of the number of guests that will be arriving, and requires that all guests sign in.***

"The legacy of brave men and women who have fought and died for their country is the freedom we enjoy as Americans." – Lucian Adams

Memorial Day Tribute

President Harry S. Truman announced V-E Day to the American people, saying in a radio address "Our rejoicing is sobered and subdued by a supreme consciousness of the terrible price we have paid to rid the world of Hitler and his evil band. Let us not forget my fellow Americans, the sorrow and the heartache, which today abide in the homes of so many of our neighbors - neighbors whose most priceless possession has been rendered as a sacrifice to redeem our liberty.

But in his speech to the nation that day, President Truman cautioned that the Allies must "work to finish the war" by defeating the Japanese in the Pacific.

Prior to December 7, 1941, the United States strove to remain out of the war raging in Europe. As we all know, on December 7, 1941, the Japanese government thought it would be to their benefit to arbitrarily attack U.S. forces at Pearl Harbor, bringing the might of the U.S. armed forces into World War II. VE Day is May 17, 1945, the day that the German Army unconditionally surrendered to Allied Forces in Europe. Japan held out and didn't surrender until September 2, 1945.

Memorial Day pays tribute to the hundreds of thousands of American servicemen and women who have lost their lives in service to their country, beginning with the Civil War. This includes over 418,500 lives lost in World War II. Of that number there are 27 known Beaver County, Pa. residents who died in WW II.

Of those, Lieut. Louis G. Moslener Jr., of the U.S. Air Corps died on December 7, 1941. He was a member of the 88th Reconnaissance Squadron, and **is believed to have been the first American killed in WWII,** which is why I decided to mention him in this month's newsletter.

Lt. Louis G. Moslener

Aug 8, 1918
Dec. 7, 1941

Moslener graduated from Monaca high school in 1935 and attended Carnegie Tech. He left to join the U.S. Army Air Corps May 13, 1940 at the Tulsa OK training school, then to Maxwell Field in Alabama and later to Miami University in Coral Gables FL, where he graduated in the first Aerial/Celestial Navigator Training class (Class 40-A) conducted by Pan American Airways. He was stationed at Fort Douglas, Salt Lake City UT.

He was navigator on B-24A Liberator #40-2371. He and his crew belonged to the 88th Reconnaissance Squadron, and arrived at Hickam Field, Hawaii on December 5, 1941, to complete final preparations for a secret project to photograph Japanese military bases in the Marshall and Caroline Islands. Problems were encountered in installing the machine guns and the aircraft was still there on the morning of 7 December. That morning, Moslener and his crew were at hangar 15 preparing their plane for a short check flight before leaving on the next leg of their journey when the Japanese attack began. A bomb hit the hangar, killing Moslener along with another crew member and wounding four more of the crew.

Moslener was one of the first Americans killed in World War II, and the plane was the first US aircraft destroyed in the war. He is currently buried at the Beaver County Cemetery and Mausoleum, in Beaver; prior to that he was buried in Hawaii.

WOMEN VETERANS OF NOTE "THE ANGELS OF ANZIO"

Mary Roberts, Elaine Roe, Virginia Rourke, and Ellen Ainsworth, known as the "Angels of Anzio"
four courageous nurses of World War II who received the Silver Star for their gallantry in combat. Their stories were recently highlighted by the podcast Tango Alpha Lima

More than 59,000 women served in the US Army Nurse Corps during World War II. Within their ranks, 16 nurses were killed as a result of enemy conflict, 67 nurses were taken prisoners of war, and more than 1,600 nurses were decorated for bravery or meritorious service. Only four were awarded the Silver Star: 2nd Lt. Ellen Ainsworth, 1st Lt. Mary Roberts, 2nd Lt. Elaine Roe, and 2nd Lt. Rita Rourke.

The little city of Anzio, located just 33 miles south of Rome, today is a blossoming resort town known for its seaside harbor setting. In January 1944, the Allies launched Operation Shingle, an amphibious invasion to drive the Germans out of Rome. Along the Anzio beachhead were large field hospital tents belonging to the 56th Evacuation Hospital Unit and other medical units. Despite being marked with red crosses, the tents were frequent targets of strafing planes and artillery barrages. The violence was so intense, the troops began calling it "Hell's half-acre," favoring the safety of a foxhole instead.Lt Roberts, the supervising nurse was asked if she and her fifty nurses wanted to evacuate, they declined.

On Feb. 7, 1944, the hospital tents were dive-bombed by a German Luftwaffe pilot. The bombs killed 28 and critically wounded 28 more. Ironically, after the Luftwaffe pilot bailed from his plane, which was shot down by a British Spitfire, the pilot was brought to the hospital tent and treated as if he were any other patient.

The most devastating attack, however, came only three days later. For 30 minutes, a German long-range artillery barrage targeted the Anzio beachhead. "I wanted to jump under the operating table, but first we had to lower litter cases to the floor," Roberts told the *Dallas Morning News* on Feb. 23, 1944. "Pieces of steel already were ripping through tents. There were four litters. I saw a patient on the operating table had his helmet near him so I put it over his head to give him that much protection."

Roberts was the chief nurse of the operating tent and instead of diving for the little cover that was available to her, she chose to protect others. While Roberts kept the operating table in operation, Roe and Rourke cut the electrical wires and used flashlights to evacuate 42 patients. Ainsworth was also there when the barrage began. A large piece of shrapnel struck her in the chest, but she continued on to assist in the evacuation. Six days later she succumbed to her wounds. These nurses became known as the Angels of Anzio.

For her bravery under fire, along with two other nurses, Second Lt. Rita Virginia Rourke and Second Lt. Elaine Arletta Roe, First Lt. Mary Roberts received the Silver Star in a brief field ceremony on February 22, 1944. Because she had seniority rank, she was designated first and thus became the first woman to receive the Silver Star, but in her humility, she later stated, "Everybody in our group deserved the medal

above article reprinted from the online magazine "COFFEE OR DIE", written by Matt Fratus, on March 18, 2021

NATIONAL POPPY DAY MAY 24, 2024

After World War I, the poppy flourished in Europe. Scientists attributed the growth to soils in France and Belgium becoming enriched with lime from the rubble left by the war. From the dirt and mud grew a beautiful red poppy. The red poppy came to symbolize the blood shed during battle following the publication of the wartime poem "In Flanders Fields." The poem was written by Lieutenant Colonel John McCrae, M.D. while serving on the front lines.

On September 27, 1920, the poppy became the official flower of The American Legion family to memorialize the soldiers who fought and died during the war. In 1924, the distribution of poppies became a national program of The American Legion.

Led by the American Legion Auxiliary, each year members of The American Legion Family distribute poppies with a request that the person receiving the flower make a donation to support the future of veterans, active-duty military personnel and their families with medical and financial needs.

Poppy Day is celebrated in countries around the world. The American Legion brought National Poppy Day® to the United States by asking Congress to designate the Friday before Memorial Day, as National Poppy Day.

AUXILIARY NEWS

The auxiliary had a community clean up day with several auxiliary members in attendance. They cleaned up 2 miles of State Street in Baden along with 2 community playgrounds. There was a LOT of stuff that was picked up, over 18 bags of garbage.

Because the auxiliary did 2 miles of clean-up, PennDOT will be putting up a sign in honor of the Baden American Legion Auxiliary Unit 641.

Another indication of what a great group our auxiliary is.

On May 14th, at the next auxiliary meeting, they will be initiating new members, so we hope to see as many auxiliary members there as can make it.

SAL NEWS

There will be nomination of officers at their next meeting, on May 14th, at 6:30 pm. That's all for May.

LEGACY RIDERS

The mission of Legacies Alive is to strengthen and support the Gold Star families of our nation's fallen heroes and to bring national awareness to the life and character of all service members who paid the ultimate sacrifice.

To our nation's Gold Star families, your sacrifice is not forgotten.
To our fallen American heroes, your legacies are forever alive.

May 18, ARMED FORCES DAY

ARMED FORCES DAY HONORS WARRIORS AND PEACEKEEPERS by Vincent J. "Jim" Troiola, National Commander 2023. May 17, 2023

Dear American Legion Family members and friends,

The American Legion's commitment to "preserve the memories and incidents of our associations in all wars" is without question. It is explicitly stated in the Preamble to our organization's constitution and recited by our members at every official American Legion meeting.

The third Saturday in May is set aside not just to honor those who served in war, but the men and women who comprise the greatest military on the planet. The first Armed Forces Day was announced on Aug. 31,1949, by American Legion Past National Commander Louis Johnson, who was serving as the secretary of defense at the time.

There are other days in which we honor our military. Memorial Day is when we remember those who made the ultimate sacrifice for this country. Veterans Day is when we honor all veterans, regardless of where and when they served. Armed Forces Day marks what President Truman called "readiness for any eventuality."

It is significant that Armed Forces Day was observed after the horrors of World War II and prior to our entry into Korea. It recognized that there are always dangers and sacrifices involved with military service and that America should always be appreciative of those defending our freedom in both war and peace.

Some members of the Armed Forces don't really feel that Veterans Day is for them. I have to confess that when I was in the Navy, I thought of myself as more of a sailor than a veteran. I couldn't have been more wrong. The American Legion believes that you are a veteran from the day you report to basic training. It is why you are eligible to join our organization from day one. It is also when you start following orders from your military superiors and delivering on your oath to "support and defend the Constitution of the United States against all enemies."

So while there is more than one day to acknowledge veterans, Armed Forces Day is the time to honor our military, whether members are on the battlefield or in bootcamp.

AMERICAN LEGION BASEBALL SEASON IS ALMOST HERE!!

If you have been to any legion meetings lately, whether it be post, county or district you have likely heard the discussions that have been making the rounds regarding the need for umpires.

If you love baseball, and like working with kids, then helping out with American Legion Youth baseball is right up your alley. We need you and our kids need you.

Keystone Boys and Girls State

It's getting to be that time of year. We currently have 1 candidate for Keystone Boys State and another possible candidate.

The Samsung American Legion Scholarship online application process is now open. Use the link at the bottom of this page. Please read through the requirements of this page before applying.

Deadline

Scholarship applicants must **complete and submit their online application prior to 11:59 (local time) of Day 1 of their respective American Legion Boys State or American Legion Auxiliary Girls State program.** All applications must be submitted using the online application system and **may not be modified after the due date or given a deadline extension under any circumstance.**

Scholarship applications are limited to students between their junior and senior years of high school who attend the current session of either an American Legion Boys State or American Legion Auxiliary Girls State program and are a direct descendant - i.e. child, grandchild, great grandchild, etc. Stepchildren and legally adopted children are considered direct descendants of a wartime U.S. military veteran who served on active duty during at least one of the periods of war officially designated as eligibility dates for American Legion membership.

Applicants who are direct descendants of Korean War Era Veterans will receive three bonus points.

Messiah University, Mechanicsburgh, Pa. 6/16-6/22/24

BAR BINGO

Thursday evenings at 7 pm

A MOMENT OF SILENCE WILL BE OBSERVED BEFORE BINGO FOR OUR DEPARTED SERVICEMEN AND SERVICEWOMEN AND THOSE NON-MILITARY WHO GAVE THEIR LIVES FOR THE PROTECTION OF OUR NATION

POW/MIA NEWS

from the website "Defense POW/MIA Accounting Agency

POW/MIA SERVICEMEMBERS THAT WERE RECENTLY ACCOUNTED FOR

There were 5 servicemembers from WWII that were officially accounted for in April 2024.

There were 4 servicemembers from the Korean War that were officially accounted for in April 2024

There was 1 servicemember from the Vietnam War that was officially accounted for in April 2024

ONE MORE MIA SAILOR COMES HOME

Born in Freedom in 1919, Walter Schleiter lived most of his short life in Stark County, Ohio. He joined the Navy in 1940, more than a year before the United States would be drawn into WWII. He was stationed some 4,500 miles from home, at the naval base at Pearl Harbor. He was assigned to the USS Oklahoma in October, just over a year before Japanese planes decimated the battleship fleet moored at the base in a surprise attack.

The 22-year-old was killed. Nearly 83 years later, he made it home.

"We'll never know what Walter was doing at the time of the attack on Pearl Harbor, but I'm pretty sure he didn't wake up that morning thinking it would be his time," Rev. Mort said. "Yet, we can be sure that Walter and all the Navy personnel on the Oklahoma who died that day were busy carrying out their duties to the end."

Schleiter was among the 429 sailors and Marines who died aboard the USS Oklahoma; he's also one of more than 350 whose remains have been positively identified since 2015. For decades, he'd lain alongside fellow service members in group graves in Hawaii at a cemetery known as the Punchbowl.Fireman First Class Walter Schleiter.

The final leg of his journey home began in 2018, when his remains were positively identified. It took until early 2024 for DPAA to find a living relative, a process hampered by the COVID-19 pandemic.

His remains arrived at Pittsburgh International Airport on April 5, where his flag-draped casket was met by a Navy honor guard and other service organizations.

On Thursday, six years after he was identified, he received a funeral with full military honors.

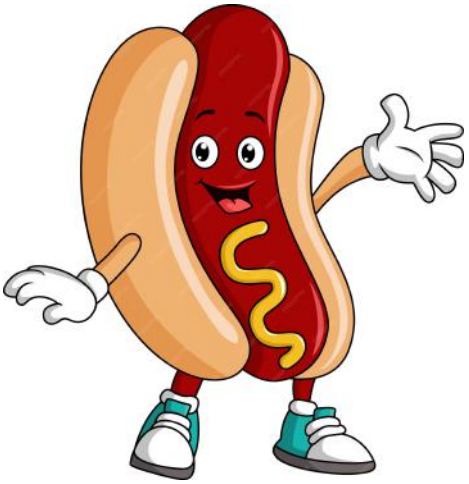
Above information reprinted from an article by Megan Guza, with the Pittsburgh Post-Gazette, from the April 15, 2024 issue of the Pittsburgh Post-Gazette

LEGION FOOD OFFERINGS

TACO TUESDAY

Held once a month...this month on May 7th, from 11 am until sold out

WEENIE WEDNESDAY



Once a month... this month it will be on May 15th, beginning at 11 am, until sold out

Donate Blood
In Memory of
All Our
Nations Heros

BLOOD DRIVE

BADEN AMERICAN LEGION POST 641
Banquet Hall
271 State S Baden,Pennsylvania 15005

Thursday, May 9, 2024 12:00 P.M. – 1:00 P.M.

For an appointment, please visit redcrossblood.org
Search – Baden Community
Or call 1-800-RED CROSS (1-800-733-2767).

redcrossblood.org | 1-800-RED CROSS | 1-800-733-2767

VA NEWS FOR APRIL 2024

VACATION SEASON IS HERE..5 TIPS FROM THE VA TO ENSURE YOUR HEALTH CARE NEEDS ARE MET WHILE YOU ARE TRAVELING

APRIL 24, 2024 from the VA OFFICE of COORDINATED CARE

For many, summer means more travel. And travel planning can feel overwhelming, especially if you have complex health needs. My HealtheVet, VA's online patient portal, makes it easy to manage your health care while traveling.
Whether you're traveling in-state or out of the country, you can rest assured knowing you'll have access to VA care regardless of where you are.
Follow these five tips to ensure your health care needs are met while you're away from home.

1. Notify your VA care team

VA highly recommends that you notify your health care team four to six weeks before travel, particularly if you need medication refills or regular medical appointments. Send a secure message through My HealtheVet to notify your provider of your upcoming travel.

2. Ensure you have up-to-date documentation

It's important to have up-to-date copies of all important documents, whenever you travel. Use My HealtheVet to print a health insurance wallet ID card to keep on hand while you travel.

3. Update your vaccines

Staying up to date on vaccines is important regardless of whether you're planning to travel. Can't remember when you were last vaccinated? Don't fret. My HealtheVet makes it easy to view and download your vaccination history with VA Health Summary. If you see that you're due for a vaccination—or if you're traveling to an area that poses a risk for tropical disease—schedule an appointment with your VA provider as soon as possible.

4. Manage your prescriptions

Be sure to pack enough medication refills to last your entire trip and extra in case of flight delays. Always pack your medications in your carry-on bag in case your checked luggage is lost or delayed. Discuss your current medications and the plan for refills with your VA care team. My HealtheVet's prescription tool makes it easier to manage your medication online.

5. Familiarize yourself with VA's telehealth options

If you have a diagnosis that requires routine appointments, telehealth can help you keep up with those appointments while traveling domestically. Through telehealth technologies and programs, VA works to connect Veterans and VA providers regardless of distance. Speak with your VA care team about whether telehealth is a right fit for your care, then schedule your virtual appointments through the online scheduling feature on My HealtheVet.

AMERICAN LEGION

BE THE ONE

ONE A DAY IS ONE *TOO* MANY

I get lots of information from the VA so I can stay abreast of things, and even though I'm sure a lot of you probably get the same info I do, I hate to assume that is true, so when I come across something that I think is extremely important, I'm sharing it here. This information came to my emal about a week ago, regarding Gulf War veterans and their exposure to toxic chemicals via the burn pits. I felt this was definitely worth putting out there

Gulf War Exposures & Health Concerns

A Class for Veterans

Veterans attend the class VIRTUALLY through WebEx (an easy to access meeting platform) via a personal computer, smart phone or tablet.

DATE:

Thursday, May 16, 2024

TIME:

1:30pm-3:00pm ET
12:30pm-2:00pm CT
11:30am-1:00pm MT
10:30am-12:00pm PT

PRESENTERS:

Omowunmi Osinubi, MD, M.Sc., MBA, FRCA, ABIHM,IFM-CP
Edward C Shadiack III, DO, MPH

LEARN ABOUT:

- Potential Exposures
- Research Findings
- Health Effects
- Available Resources
- Steps to Manage Symptoms

REGISTRATION:

https://veteransaffairs.webex.com/weblink/register/rdc2c6233d633f80f2b5c2dbf2abfeaf

Veteransmustregisterfortheclassthroughtheabovelink. Loggingintotheclasswillbegin 15 minutesbeforestarttime. Email NJWRIISCEDTEAM@va.govwithsubjectheader"Gulf War Class" if youarehaving difficultywithregistration.

The class will include information about combat deployment that may be disturbing to some Veterans. If you are aware that you may be negatively affected by this content, please discuss these concerns with your medical and/or mental health care provider. If you are experiencing a mental health issue, please do not hesitate to call National Veterans Crisis Line 1-800-273-8255 option 1, confidential crisis chat: http://www.veteranscrisisline.net or text: 838255. If a medical emergency occurs, call 911 or go to your nearest emergency room.

LOCAL VETERAN TURNS 100!!

Randy Gleason, Pete Poninsky, and Tom Stachura recently helped celebrate the 100th birthday of local resident George Mason.

IN MEMORIAM

"My final salute
I render today
I'm still a soldier
I'm just on my way"

final verse from the poem "I'm Still A Soldier" by Timothy Emmons

VETERAN AFFAIRS CONTACT INFORMATION

VA health benefits hotline
877-222-8387
Hours: Monday through Friday,
8:00 a.m. to 8:00 p.m. ET

My HealtheVet help desk
877-327-0022
Hours: Monday through Friday,
8:00 a.m. to 8:00 p.m. ET

Veterans Crisis Line
988, Select 1
Hours: **24/7**

MyVA411 main information line
800-698-2411
Hours: 24/7

VA benefits hotline
800-827-1000
Hours: Monday through Friday,
8:00 a.m. to 9:00 p.m. ET

BUDDY CHECK BUDDY CHECK BUDDY CHECK

On the battlefield, the military pledges to leave no soldier behind. As a nation, let it be our pledge that when they return home, we leave no veteran behind.--Dan Lipinski